

Care Services

# Virtual Therapy

## Getting Started

### INTRODUCTION

Receive comprehensive therapy and counseling from Recuro's Clinical Social Workers and Marriage & Family Therapists. Your therapist will work with you to reach your emotional wellness goals, developing a personalized plan and tracking progress over time.

**Licensed Counseling:** \$85

**Psychiatry Initial Visit:** \$225

**Psychiatry Follow-Up Visit:** \$99

### HOW TO ACCESS

01

Sign up with the Recuro Care app or visit the webpage below to access:  
["member.recurohealth.com"](https://member.recurohealth.com)

02

Enter your employer member ID

03

Create your username and password

04

Complete intake and wellness assessment

05

Schedule your consult



## Example Conditions Treated

- Anger Mgmt
- Anxiety
- Bipolar
- Depression
- Eating Disorder
- Sleep Disorder
- Addiction
- Substances
- Grief / Loss
- PTSD
- OCD
- And More...

WELLVIA

A RECURO HEALTH COMPANY

[customerservice@recurohealth.com](mailto:customerservice@recurohealth.com) | [855.6RECURO](tel:855.6RECURO) | Scan QR Code to Download

