



## Frequently Asked Questions about the Genomic Life program

### What is genomics?

Genomics is the study of the complete set of DNA (including all of the genes) in a person. Medical genomics uses genomic information about a person to better prevent, diagnose, and treat that person.

### Why should I participate in the Genomic Life program?

Your genome impacts your health, but the odds are, your medical care is happening without any understanding of your unique genetic makeup. The Genomic Life program changes that.

- 16% of the population has an inherited genetic mutation for a medically-actionable condition
- 78% of the population carries at least one genetic recessive condition that could impact their children or family
- 91% of the population has an actionable genetic variation that affects the way they respond to different medications

Yet, the vast majority of people don't have access to the medical grade genetic testing and support to have this information be a part of their everyday health care. Your employer has changed that for you. By offering the Genomic Life program to eligible employees, your employer has opened the door for you to have access to this genetic testing and the support you need to use it to inform your healthcare throughout life.

### What are the steps to participate in the Genomic Life program?

Step 1: Complete enrollment through your employer's enrollment process.

Step 2: After your program effective date, you'll need the email address you enrolled with to set up your account on the secure Genomic Life platform by visiting <https://member.genomiclife.com/platform>

Step 3: Order your genetic tests on the Genomic Life platform.

Step 4: Provide your samples. Your genetic test kits will be sent to you in the mail.  
Follow the instructions to provide a saliva sample and send the test kits to the lab.

Step 5: View your results. Your results will be available through the secure Genomic Life platform.

Step 6: Meet with a genetic counselor to understand your results and receive a personalized clinical action plan. You will receive instructions for scheduling a virtual visit where the genetic counselor will explain your genetic testing results and how they can be used in your health care.



### **What do I do if the genetic tests find something?**

The genetic tests used by Genomic Life are designed to have actionability. That means that there are clear guidelines about what you and your doctors can do to use the information to improve your health. When you meet with your genetic counselor, you'll get all the information you need to understand the genetic results and the recommendations based on those results.

### **Will my genetic test results be shared with anyone?**

Please read our entire privacy policy at this link: <https://genomiclife.com/about/policies/privacy-policy/>.

Genomic Life does not sell, share, rent, or trade information other than as disclosed within this policy. Except as described in this policy, Genomic Life will, consistent with its legal obligations, not use or disclose information that identifies member without your written authorization.

### **I heard that this program also helps if I get cancer. What happens then?**

Should you be diagnosed with cancer, let us know in the Genomic Life secure platform or by contacting Genomic Life Member Services. Genomic Life's cancer services include access to expert cancer navigators, comprehensive pathology review, hereditary genetic testing, and other services based on the type and stage of cancer.

### **What should I do if I have more questions?**

Contact Genomic Life:

- Phone or Text: 844-694-3666
- Email: [info@genomiclife.com](mailto:info@genomiclife.com)
- Chat: <https://genomiclife.com>