GENOMIC LIFE

Carrier Screening – The valuable tool for family planning

If you are expecting a child or considering a family and enrolled in Genomic Life, you have access to a Carrier Screening. This genetic test informs family planning and reproductive health.

Things to know about carrier screening

- This test identifies a potential risk of having a child affected by a genetic condition, offering vital information during family planning
- Most babies born with a rare genetic condition are born to parents with no family history of that condition*
- The American College of Obstetricians and Gynecologists recommends that Carrier Screening be offered to women of all ethnicities or planning to become pregnant
- Carrier Screening may provide helpful information if you have a family history of a genetic condition, such as sickle cell anemia, or if you're in an ethnic group that has a high risk of a specific genetic disorder
- The expanded Carrier Screening from Genomic Life looks beyond genes related to family history or ethnic background to genes linked to numerous many genetic diseases
- If results indicate you're a carrier of a condition, the next step is to test your partner to uncover if you are both carriers for the same condition
- Your benefit also includes a consult with a genetic counselor to discuss:
  - What Carrier Screening may or may not indicate
  - Potential risk of passing genetic disorder to your children
  - What the results mean for you and your family

20%

About 20% of birth defects are caused by genetic factors**

Have questions?

Call us at **844-MYGENOME**
Visit us at **GenomicLife.com**

Access your screenings

- New members: Go to member.genomiclife.com/platform to get started
- Current members: Log in to your account at member.genomiclife.com

*Cleveland Clinic; Birth Defects, 2023